

April 2020 Holiday Classes and Workshops

WILLOUGHBY

Tue 14 Apr	10.30am	Holiday Class	Melinda	\$35
Wed 15 Apr	10.30am	Strong Bones 2	Natalie	\$35
	6.00pm	Holiday Class	Natalie	\$35
Thu 16 Apr	10.30am	Strong Bones 2	Sally	\$35
Fri 17 Apr	10.30am	Holiday Class	Melissa	\$35
Sat 18 Apr	9.00am	Holiday Class	Penelope	\$35
Mon 20 Apr	10.30am	Strong Bones 2	Sally	\$35
	5.30pm	Core FOCUS Workshop	Sally	\$45
Tue 21 Apr	10.30am	Holiday Class	Melinda	\$35
	5.30pm	Posture FOCUS Workshop	Josie	\$45
Wed 22 Apr	5.30pm	Legs & Buttocks FOCUS Workshop	Sarah K	\$45
	6.30pm	Holiday Class	Sarah K	\$35
Thu 23 Apr	9.00am	Strong Bones 2	Josie	\$35
Fri 24 Apr	10.30am	Holiday Class	Josie	\$35

BOOK A CLASS TODAY

CALL: **9958 2239** or EMAIL: willoughby@physiocise.com.au

MOORE PARK

Tue 14 Apr	10.30am	Strong Bones 2	Carolyn	\$35
Fri 17 Apr	10.30am	Holiday Class	Susie	\$35
Mon 20 Apr	5.30pm	Core FOCUS Workshop	Susie	\$45
	6.30pm	Holiday Class	Susie	\$35
Tue 21 Apr	9.15am	Holiday Class	Susie	\$35
Wed 22 Apr	10.30am	Strong Bones 2	Maria	\$35
	6.00pm	Legs & Buttocks FOCUS Workshop	Maria	\$45
Fri 24 Apr	10.30am	Holiday Class	Dimity	\$35
	12.30pm	Posture FOCUS Workshop	Dimity	\$45

BOOK A CLASS TODAY

CALL: **8356 9666** or EMAIL: moorepark@physiocise.com.au