

TERM 1 2019 TIMETABLE MOORE PARK

TERM	START	FINISH	WEEKS
1	Tue 29 Jan	Sat 13 Apr	Mon 10 wks Tue - Sat 11 wks

LEVEL	DAY	TIME	
FOUNDATIONS	Mon	10.30am *6.00pm (5 WK FAST TRACK)	
	Tue	1.45pm	
	Fri	*11.30am (5 WK FAST TRACK)	
	Sat	10.00am	
FLOPPY	Mon	8.00am 9.15am 11.30am 5.00pm	
	Tue	6.45am 10.30am	
	Wed	8.00am 10.30am 5.30pm	
	Thu	11.30am	
	Fri	7.45am 10.30am	
	Sat	9.00am	
	Mon	12.45pm	
	Tue	9.15am 5.00pm 6.15pm	
ADVANCED FLOPPY	Wed	9.30am 6.30pm	
	Thu	7.45am 9.15am	
	Fri	6.45am	
	Sat	8.00am	
	Flippy	Tue	7.45am
	Advanced Flippy	Thu	10.30am
Athlete Burn	Mon	7.00am	
	Wed	7.30pm	
Athlete Control	Wed	7.00am	
STRONG BONES	Mon	1.45pm (STAGE 1)	
	Tue	11.30am (STAGE 2) 12.45pm (STAGE 1) 7.15pm (STAGE 1/2)	
	Wed	11.45am (STAGE 2) 12.45pm (STAGE 2)	
CORE BURN	Thu	12.30pm	
	Fri	9.30am	

LEVEL	FEES PER TERM	
	Mon (10 wks)	Tue - Sat (11 wks)
Foundations	\$380	\$418
Flippy Floppy Floppy Plus Dodgy Knees Strong Bones Core Burn	\$360	\$396
Advanced Flippy Advanced Floppy Athlete Burn Athlete Control	\$310	\$341
Fast Track Foundations (5 wks)	\$190	

OUR MISSED CLASS POLICY

If you miss a class you have a maximum of 2 make-ups in a term available to use. Make-ups are provided on first come, first served basis. Please remember to book! We do not refund or give credits for missed or unused classes.

CONTACT US

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